



Holy Trinity Catholic Church

Braamfontein

14th June 2020

The Body and Blood of Christ

Morning Prayer – Week I

V. O Lord, open *our* lips R. And we shall praise *your* name

Verbum supernum prodiens

1.
The heavenly Word proceeding forth,
Yet leaving not his Father's side,
And going to His work on Earth,
Has reached at length life's eventide.
2.
In twofold form of sacrament,
He gave His flesh, He gave His blood,
That man, of soul and body blent,
Might wholly feed on mystic food.
3.
O saving Victim, opening wide
The gates of heaven to man below;
Our foes press hard on every side,
Thine aid supply, Thy strength bestow.
4.
All praise and thanks to thee ascend
For evermore, blest One in Three;
O grant us life that shall not end,
In our true native land with Thee.

St Thomas Aquinas (1225-1274)

Psalm 149

Tone: C. Upchurch

Antiphon

To the one who overcomes
I will give the hidden manna and a new name,
alleluia, alleluia.

Sing a new song to the *Lord*,
his praise in the assembly of the *faithful*.
Let Israel rejoice in its maker, +
let Sion's sons exult in their *king*.
Let them praise his name with dancing +
and make music with timbrel and *harp*.

**For the Lord takes delight in his *people*.
He crowns the poor with *sal-vation*.
Let the faithful rejoice in their *glory*,
shout for joy and take their *rest*.**

Let the praise of God be on their *lips*
and a two-edged sword in their *hand*,
to deal out vengeance to the *nations*
and punishment on all the *peoples*;

**to bind their kings in *chains*
and their nobles in fetters of *iron*;
to carry out the sentence preor-*dained*:
this honour is for all his *faithful*.**

Glory be to the Father and to the *Son*
and to the Holy *Spirit*,
as it was in the beginning, +
is now, and ever *shall be*,
world without end. +
A-men.

**To the one who overcomes
I will give the hidden manna and a new name,
alle-uia, alleluia.**

Scripture Reading: Malachi 1: 11**Responsory**

R. *You bring forth bread from the earth, alleluia, alleluia.* R.

V. Your wine gives joy to man's heart. R.

V. Glory be... R.

All stand

Benedictus

The canticle is alternated by schola and assembly

Plainchant Mode II

Antiphon

I am the living bread which came down from heaven, says the Lord * whoever eats this bread will live forever, alleluia.

+ *Be-ne-dictus Dominus Deus Is-rael; * quia visitavit et fecit redemptionem ple-bis suae*

*et e-rexit cornu salutis no-bis, **
in domo David pue-ri sui,

*si-cut locutus est per os sanc-to-rum, **
qui a saeculo sunt, propheta-rum eius,

*sa-lu-tem ex inimicis nos-tris, **
et de manu omnium, qui o-derunt nos;

*ad fa-ciendam misericordiam cum patribus nos -tris, **
et memorari testamenti su-i sancti,

ius-iu-randum, quod iuravit ad Abraham patrem nos-trum, * daturum se nobis,

*ut si-ne timore, de manu inimicorum libe-ra-ti, * servia-mus illi*

in sanc-titate et iustitia coram ip-so * omnibus die-bus nostris.

*Et tu, puer, propheta Altissimi vo-ca-beris: * praeibis enim ante faciem Domini parare vi-as eius,*

ad dan-dam scientiam salutis plebi ei-us * in remissionem peccatorum e-orum,

*per vi-scera misericordiae Dei nos-tri, **
in quibus visitabit nos oriens ex alto,

il-lu-minare his, qui in tenebris et in umbra mortis se-dent, * ad dirigendos pedes nostros in vi-am pacis.

*Glo-ri-a Patri et Fi-lio * et Spiritu-i Sancto*

Si-cut erat in principio et nunc et sem-per. * Et in saecula saeculo-rum. Amen.

I am the living bread which came down from heaven, says the Lord * whoever eats this bread will live forever, al-le-luia.

Intercessions

R. *Happy are those who are called to your supper, Lord.* Our Father.